



Q1 2026

HEALTH IMPACT REPORT



PILLARS REMINDER

- Comprehensive Training — CHWs are trained using digitally-supported, offline-compatible programs delivered in local languages, designed to fit into the daily lives of health workers in even the most remote areas.
- Localized Recruitment — CHWs are recruited directly from the communities they serve, ensuring they are trusted, familiar faces who deeply understand local health challenges.
- Sustainable Support — CHWs receive continuous supervision, monthly stipends, and capacity-building resources to deliver quality care long-term.
- Accessible Services — CHWs provide door-to-door prenatal and postnatal care, child health follow-ups, and early risk identification for families far from facilities.

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HEALTH IMPACT REPORT



A MESSAGE FROM THE FOUNDER

At FOHSEN, our mission is simple: to strengthen community health systems so that every family, no matter where they live, can access timely and quality care.

This first quarter has been one of steady progress and deep engagement with the communities we serve. Across our intervention areas, our community health workers have continued to provide essential services through home visits, maternal and child health follow-up, and early identification of health risks. We have also strengthened supervision systems, expanded community outreach efforts, and advanced preparations for key initiatives such as the Nganda Health Fair.

At the same time, we have continued building partnerships and refining our data and monitoring systems to better understand and respond to community needs.

None of this work would be possible without the dedication of our teams on the ground and the trust of the communities we serve. We are equally grateful to our partners and supporters whose continued engagement allows us to strengthen and scale our work in meaningful ways.

As we look ahead to the next quarter, our focus will be on deepening the quality of care delivered at the community level, strengthening referral and follow-up systems, and expanding our reach to ensure that more families can benefit from timely and preventive care. Together, we are building a stronger, more responsive health system—one community at a time.

Dr. Saloum Cisse
FOHSEN Founder



Dr. Saloum Cisse

Q1 HIGHLIGHTS

FOHSEN AT A GLANCE

THEORY OF CHANGE



Inputs: Deployment of trained and paid Community Health Workers, supported by digital tools and district partnerships.



Activities: Implementation of home visits, patient referrals, CHW supervision, and data-informed interventions.



Outputs: Increased number of families reached, early identification of health risks, and timely referral of patients to appropriate care.



Outcomes: Improved maternal and child health outcomes, alongside strengthened and more responsive district and local health systems/ tools.



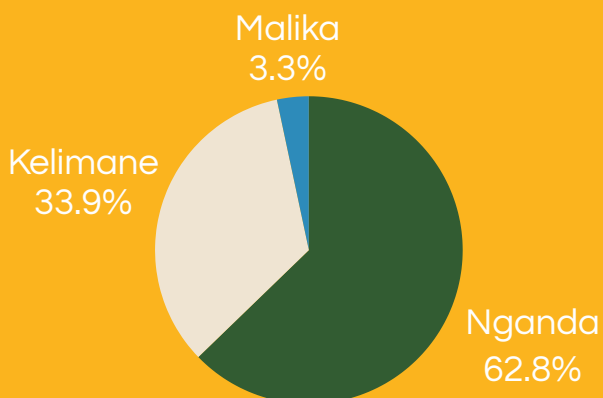
Impact: Sustainable reduction in maternal and child mortality in rural Senegal.

2026 FOCUS

- Strengthen CHW coverage, supervision, and referral systems
- Next Phase: Expand to new regions and deepen impact through digital tools (SmartTrack)

IMPACT OVERVIEW

2997 HOME VISITS
TARGET: 3,500



100

CHWS ENROLLED

GOAL: 300 BY 2027

766

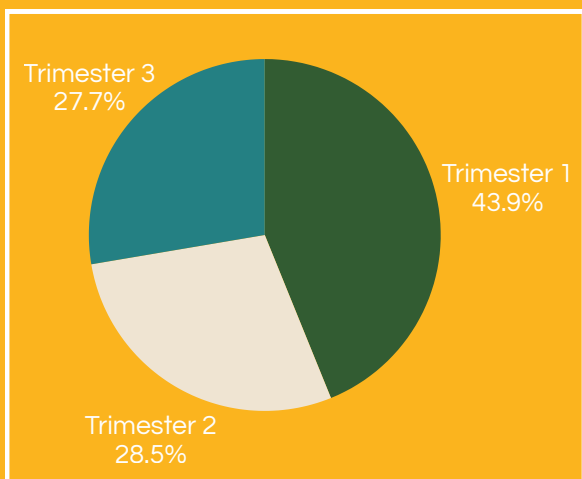
REFERRALS TO HEALTH
FACILITIES

01

MATERNAL HEALTH

749 PREGNANT WOMEN FOLLOWED

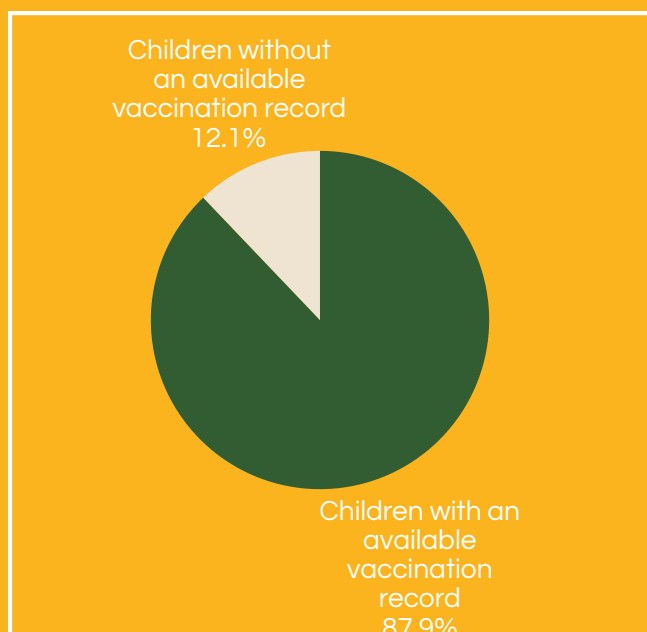
MIDDLE AGE 24½ YEARS OLD



Percentage distribution of pregnant women by pregnancy trimester

02

CHILD HEALTH



% of children with an available vaccination record

COMMUNITY SPOTLIGHT



Collaborating for Health at Malika

In Malika, FOHSEN is working closely with the health post, community health workers (CHW), and local leaders to strengthen community-based care. Through joint supervision visits and coordination with district health authorities, CHW are conducting regular home visits, identifying risks early, and referring patients to appropriate services. This collaboration is improving trust between communities and health structures while strengthening the continuum of care from household to health facility.



Student Exchange Highlights



In January 2025, graduate students from Columbia University's School of International and Public Affairs (SIPA) visited Senegal as part of an immersive study trip — and a field visit to FOHSEN Malika.

For SIPA students training to shape global health and public policy, meeting the people behind local solutions was invaluable. FOHSEN offered something no classroom could: firsthand insight into community-driven health work, the real constraints of the Senegalese health system, and the innovation happening within it.



CHW Voices from the Field

“Before, many families waited too long before seeking care. Now, through our home visits, we can identify problems early and guide them to the health post.”

Community health workers are at the heart of FOHSEN’s model. Every day, they walk long distances to reach households, support pregnant women, follow up with children, and ensure that referred patients receive the care they need. Their work is essential in bridging the gap between communities and the formal health system



Photo: Sam E. / Getty Images

“

Before, many families waited too long before seeking care. Now, through our home visits, we can identify problems and guide them to the health post.

–Papa Badara

”

MEASURING CHANGE



Institutional Progress

FOHSEN has strengthened coordination between community health workers, health posts, and district teams by aligning activities with national community health strategies. Regular supervision visits and joint planning sessions have improved accountability, performance tracking, and service delivery at the local level.



Incentives and support

Community health workers are supported through structured supervision, monthly stipends, and continuous capacity building. This approach improves motivation, retention, and the quality of care delivered at the household level, while reinforcing CHWs as essential frontline providers.



Data Quality & Monitoring

FOHSEN is strengthening data collection and use through standardized tools and digital systems such as SmartTrack. Data from household visits, referrals, and follow-ups are used to monitor performance, identify gaps, and inform real-time decision-making at both community and district levels.



Platform
Platform
Platform

ON THE HORIZON



Extension phase at Malika

Building on the pilot phase in Malika, FOHSEN is assessing the conditions needed for a strong and sustainable next phase. This includes improving monitoring tools, aligning on the community health model with partners, and ensuring that supervision, referrals, and data systems are functioning well before any expansion. The goal is not simply to grow, but to grow with quality.



Nganda Maternal clinic construction

FOHSEN is continuing preparations for the Nganda Maternity Clinic as part of its long-term commitment to improving maternal and newborn care in rural Senegal. The clinic is designed to complement community-based services by creating a stronger referral point for pregnant women and families who need timely, quality care closer to home. This investment reflects FOHSEN's belief that lasting health impact requires both community outreach and local infrastructure.



Nganda's fair 2026

Planned for April 2026, the Nganda Health Fair will bring together community members, health workers, and local partners around prevention, screening, and access to care. Beyond offering consultations and health education, the fair is intended to strengthen community trust, identify unmet needs early, and improve referral and follow-up systems. It is both a service event and a platform for deeper community engagement.

What Comes Next

Deepen quality in existing sites

Improve supervision, referral tracking, and data use across FOHSEN-supported communities

Expand community health reach

Prepare for responsible growth into new areas as systems and resources strengthen

Invest in long-term care infrastructure

Advance the Nganda Maternity Clinic and strengthen the link between households and facilities

THANK YOU

We are incredibly grateful to every single one of our partners who make our work at FOHSEN possible. This quarter, you stood by us as we strove to make quality maternal and child healthcare accessible everywhere in Senegal.

We look forward to collaborating in Quarter 2 and beyond!



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