

#### Dear Friends,

As the sun rises on the green, sandy hills of Nganda, the streets are already booming with the voices of Community Health Workers and Bajiene Gohks supporting their fellow neighbors. Community members sip tea as they refresh their memories of the day's training. This exemplifies the remarkable year that 2022 has been for FOHSEN. We have grown from a small group of inspired changemakers to a model, community-based healthcare system with global potential. Thank you for partnering with us—and for believing in a world where mothers and their families have walking-distance access to professional healthcare.

In the face of a national crisis around healthcare infrastructure and access, FOHSEN's services were called upon more than ever. As hundreds of constituents around the country sought answers from national leaders, the communities of Nganda served as a healthcare model centered around the most marginalized. FOHSEN's team provided wrap-around services for these families who could have otherwise fallen through the cracks.

In 2022, we connected patients with health care through 3,000 home visits with more than 60% percent being referred to the local health clinic. 1,923 community members participated in our annual healthcare fair by receiving free consultations and medication. Community members received over 300 hours of training on diagnosing and treating communicable diseases.

The impact of your support is greater than these numbers. It is the spirit that moves through the communes of Nganda. It is the dignity and value of each and every life, and the power of each mother moving her family and her community towards the health and well-being deserved by all.

Thank you for continuing to support the changemakers of Nganda.

Sincerely,

The FOHSEN Family



## **OUR MODEL: THE THEORY OF CHANGE**

Tangible interventions leading to quantifiable outcomes.

Moving forward, FOHSEN will be modeling our strategy based on the Theory of Change Approach: a results-driven model that carefully looks at the intermediate steps and projects needed to achieve larger goals and desired outcomes (theoryofchange.org). Outlined below are the interventions that we are following to reduce health and economic disparities in Senegalese communities.

## **Interventions**



FOHSEN trains and deploys a skilled network of community health workers.

FOHSEN constructs the Nganda Maternity Clinic.

### **Outcomes**



Patients learn about Maternal, Newborn, and Child Health Care MNCH best practices, including when and how to seek appropriate care

Community members take up healthy MNCH attitudes and practices, supported by improved access to infrastructures.

### Goal



Improved Health
Literacy

**Lower malnutrition rates** 

Low Maternal Mortality Review MMR

Improved overall well-being





In 2022, FOHSEN served over 3,500 people. Amongst the patients we served, the top symptoms treated were fever, headache, extreme fatigue, and dizziness. One of FOHSEN's top initiatives is serve women and improve maternal outcomes. This year, 75% of our patients were women while 25% were men.

Our annual health fair was especially impactful. Thanks to the help of 60 volunteers, over 1,000 patients received consultation and over 250 were referred for specialized services.





# THE COMMUNITY HEALTH WORKERS PROGRAM

Providing professionalized services to the most remote communities.

In 2022, our Community Health Workers (CHW) program took a major step forward. We hired two additional staff members this past year and provided over 320 hours of training to our CHW team. This additional training has enabled us to provide more specialized prenatal, neonatal, and nutritional healthcare to women and children. With each supervisor and CHW receiving motivating, we are reshaping the role of CHWs across the Kaffrine Region.



**320 Hours of Training** 



**250 Referrals** 



153 Consultations

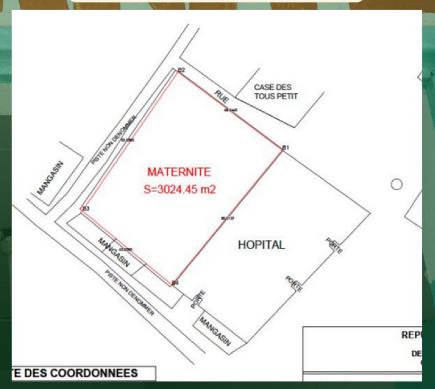
# THE MATERNITY CLINIC: ONE STEP CLOSER

FOHSEN is proud to announce that the construction plans for our Maternity Clinic were officially approved by community liaisons in September of 2022. Officials from surrounding districts casted a formal vote in which the majority agreed to construct on the current site. We are now moving forward and are in the process of finalizing our design and securing contractors and consultants. Additionally, we are also pleased to announce a new partnership with University of California - Berkely's Brain Imaging Center, who will provide valuable resources and consulation for the functioning of our Maternity Clinic.

### **BUILDING GROUND PREPARATION**



### THE CONSTRUCTION PLAN



# FINANCIAL BREAKDOWN

Between 2021 and 2022, our organization has worked hard to acquire new funding opportunities. Since last year, FOHSEN has increased our gross earnings by \$22,000. Additionally, we continued to keep our commitment to equity by paying more of the native healthcare professionals and staff in 2022. Even though 2021 had fewer program and payroll expenses, we have managed to increase our net earnings. Thanks to our supporters, we will be able to reinvest these earnings into the communities we serve.

FOHSEN: Statement of Activities

|                          | 2022        | 2021         | TOTAL        |
|--------------------------|-------------|--------------|--------------|
| INCOME                   |             |              |              |
| Donations                | \$25,622.14 | \$20,319.44  | \$45,941.58  |
| Grants                   | 26,500.00   | 10,000.00    | 36,500.00    |
| Other Income             | 128.28      |              | 128.28       |
| <b>Gross Earnings</b>    | 52,123.11   | 30,319.44    | 82,442.55    |
| EXPENSES                 |             |              |              |
| Fundraising              | 4,620.68    | 778.97       | 5,399.65     |
| Program                  | 7,745.45    | 1,718.39     | 9,463.84     |
| Senegal Staff Payroll    | 2,761.47    | 177.83       | 2,761.47     |
| <b>USA Staff Payroll</b> | 0           | 0            | 0            |
| Total Expenses           | 15,127.60   | 2,675.19     | 17,624.96    |
|                          |             |              |              |
| NET EARNINGS             | \$36,995.51 | \$ 27,644.25 | \$ 64,817.59 |

